



Andrea Gilyard, PT, DPT, OCS, AT Ret.

Bio

Originally from central Ohio, Andrea joined the OrthoCarolina team in 2014. Her higher education started at Otterbein College in Westerville, Ohio where she earned her B.S. in Athletic Training, allowing her to become a board-certified Athletic Trainer. She continued her education at Ohio University in Athens, Ohio where she earned her Doctor of Physical Therapy degree and served as a graduate assistant, teaching physical therapy-related undergrad classes. Following completion of her doctoral degree, Andrea completed the Ohio University/OhioHealth Orthopedic Physical Therapy Residency where she received advanced education regarding evaluation and treatment of orthopedic conditions. Most recently, Andrea has expanded her knowledge by earning designation as an American Board of Physical Therapy Specialists Board Certified Orthopedic Clinical Specialist.

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LOCATIONS

- Concord Physical & Hand Therapy

CLINICAL SPECIALTIES

Growing up, Andrea was a competitive tap dancer for many years. She realized later in life that despite years of dance training, her clumsiness remains a prominent attribute! Realizing that her athletic skills are subpar (and not likely to improve despite her best efforts), she decided to hang up her athletic training license and focus on orthopedic physical therapy practice in the clinic setting. Even though she is technically a "retired" Athletic Trainer now, she still enjoys watching sports, most noticeably football and baseball (especially if her son is playing!) She also enjoys playing outside with her dog and trying to convince her husband that her "dad jokes" are funny. She has a special interest in helping patients recover from joint replacement surgeries but enjoys treating all orthopedic conditions.

Education

- **Otterbein College** - *Bachelor of Science in Athletic Training*
- **Ohio University** - *Doctor of Physical Therapy*

- **Ohio University** - *Ohio Health Orthopedic Post Graduate Physical Therapy Residency*

Practice

- APTA, NC Chapter
- APTA, Orthopedic Special Interest Group