



## Kinjal Parikh, DO

### Bio

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Dr. Parikh is a board-certified Physiatrist (physical medicine and rehabilitation specialist) and fellowship-trained in Interventional Spine medicine. His clinical practice centers on non-surgical treatments for spine and joint-related pain. Dr. Parikh is an expert in image-guided injections, radiofrequency ablation, and other minimally invasive interventions using state-of-the-art techniques to diagnose and treat spine and musculoskeletal conditions. Dr. Parikh has been with OrthoCarolina since 2013 and has performed over 65,000 image-guided procedures. He is the director of the Interventional Spine fellowship and provides advanced training and education to physicians.

In his spare time, Dr. Parikh enjoys spending time with his wife, kids, and dog. Dr. Parikh is a fitness enthusiast and enjoys employing different workouts to push his boundaries.

**P: 704.323.2225**

#### Patient Rating:

4.8 out of 5 Stars

### LOCATIONS

- South Park
- Spine Center - Charlotte

### CLINICAL SPECIALTIES

- Specialties
- Physiatry

### Education

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- **Loyola University** - *Bachelor of Science, Psychology*
- **Nova Southeastern University, College of Osteopathic Medicine** - *Doctor of Osteopathic Medicine*
- **University of Texas Southwestern** - *Residency in Physical Medicine & Rehabilitation*
- **OrthoCarolina** - *Fellowship, Interventional Spine/Physiatry*

### Practice

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- Specializes in Physical Medicine & Rehabilitation
- Specializes in interventional spine and non-surgical orthopedics
- **Fellowship Director** - OrthoCarolina Interventional Spine/Physiatry Fellowship
- Member of the Spine Intervention Society (SIS)

- Member of the American Association of Physical Medicine & Rehabilitation (AAPM&R)

## Research

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- "Surgery prevention by transforaminal injection of epidural steroids for cervical radicular pain (SPIES): a randomized controlled trial." - Co-Principal Investigator, Research project, OrthoCarolina, Awarded OCRI Grant - 2014
- CareCore Pain Management Policy Review, OrthoCarolina - 2014
- "Cervical & Thoracic Zygapophyseal Joint Arthropathy." - Chapter Lead Author, AAPM&R - Knowledge Now<sup>1</sup> - 2012
- "An Unusual Presentation of Idiopathic Syringomyelia Diagnosed After Electrodiagnostics." - AAP Annual Meeting, AAPM&R Annual Meeting - 2012
- "Rehab in Review" Journal - Contributing Editor - 2010-2012