



Christopher 'Rob' Powers, PA-C

Education

- **James Madison University** -- *Bachelor of Science in Physician Assistant Studies*
- **Pacific University** - *Bachelor of Arts in Exercise Science/Health Education*
- **University of Virginia** -- *Masters of Education in Athletic Training/Sports Medicine*

P: 704.323.3400

Patient Rating:

4.8 out of 5 Stars

Practice

- American Orthopaedic Society for Sports medicine Affiliate Member
- American Association of Physician Assistants

Research

LOCATIONS

- Ballantyne
- Ballantyne Urgent Care

CLINICAL SPECIALTIES

- Shoulder
- Sports Medicine

PUBLICATIONS

- **Powers, R.** *Current Concepts in Sports Medicine*. Topic accepted by JAAPA. manuscript in progress. 2013
- **Powers, R.** *Surgical Treatment for Osteochondral Injuries of the Knee: A Review*. September 2011, JAAPA. Indexed on Medline
- **Powers, R.** *A Review of SLAP Lesions of the Shoulder: Diagnosis, Examination and Treatment* September 2011, JAAPA. Indexed on Medline, Ninth most read article in JAAPA 2011
- **Powers, R.** *Physical Examination of the Shoulder*. March 2010, JAAPA. Indexed on Medline Most read article in JAAPA 2010
- **Powers, R.** *A Relatively Common Cause of Pain in the Hand. Diagnostic Imaging Review*. June 2008, JAAPA. Indexed on Medline
- **Powers, R.** *Osteochondritis Dissecans in a 16-year-old Ice Hockey Player. Diagnostic Imaging Review*. May 2008, JAAPA. Indexed on Medline

PRESENTATIONS

- 2013 Sensitivity and Specificity of Specific Physical Examination Tests of The Shoulder Presented at the Virginia Orthopaedic Society Meeting 2013, PA Breakout Session Written and Presented by Rob Powers, PAC

- 2010 Adhesive Capsulitis Presented at the Physician Assistants in Orthopaedic Surgery Annual Meeting 2010 Written and Presented by Rob Powers, PAC
- 2009 Patella Dislocations and Management of Lateral Tracking Presented at the Physician Assistants in Orthopaedic Surgery Annual Meeting 2009 Written and Presented by Rob Powers, PAC
- 2009 Superior Labral Anterior Posterior Tears Presented at the Physician Assistants in Orthopaedic Surgery Annual Meeting 2009 Written and Presented by Rob Powers, PAC
- 2009 Patellar Dislocations Presented at Orthopaedic Surgery and Trauma Society Annual Meeting Cayman Islands By Dr. Michael Mattern Written By Rob Powers, PAC
- 2008 MRSA and Sports Medicine Presented at Orthopaedic Surgery and Trauma Society Annual Meeting Cayman Island By Dr. Michael Mattern Written By Rob Powers, PAC
- 2008 Round Table Presentation of the Shoulder Presented to Physical Therapy Department Kent General Hospital Bayhealth, Inc
- 2007 Soft Tissue Fixation in ACL Reconstruction Presented at Orthopaedic Surgery and Trauma Society Annual Meeting Cayman Islands By Dr. Michael Mattern Written by Rob Powers, PAC
- 2005 Management of Patellar Dislocations: Conservative Treatment Vs. Surgical Treatment Presented for Physician Assistant Faculty, Staff, and Students at James Madison University Written and Presented by Rob Powers, PAC