



Michael D. Paloski, DO, MBA

Bio

Having completed advanced specialty training and research in pediatric orthopedics at The Johns Hopkins Hospital, I now call Charlotte home with my wife and 2 boys. Many pediatric orthopedic injuries and conditions can be treated without surgery; however, when an operation is necessary, you can rest assured that the staff of OrthoCarolina and I will take care of your child as if they were family. Also, as an osteopathic physician, I emphasize the prevention of pediatric injuries and conditions, and I understand the importance of family-centered care in this special and unique patient population. I welcome all pediatric and adolescent patients with orthopedic concerns. My interests include trauma, spinal deformity, neuromuscular diseases, conditions of the feet and hand, and minimally invasive surgery.

P: 704.323.2543

Patient Rating:
4.9 out of 5 Stars

LOCATIONS

- Huntersville
- Pediatric Orthopedic Center
- University

CLINICAL SPECIALTIES

- Pediatric
- Spine

Education

- **The Ohio State University** -- *Bachelor of Science*
- **Ohio University College of Osteopathic Medicine** -- *Doctor of Osteopathic Medicine*
- **OhioHealth Hospital System, Columbus, Ohio** -- *Residency*
- **Johns Hopkins Hospital** -- *Fellowship, Pediatric Orthopedic Surgery*

Practice

Spine Clinical Specialty:

- Adolescent Scoliosis Treatment (bracing and surgery, Vertebral Body Tethering, ApiFix)
- Early Onset Scoliosis Treatment (casting, bracing, and surgery)
- Neuromuscular Scoliosis Treatment (bracing and surgery)

Hospital Leadership:

- Medical Director, Pediatric Orthopedic Surgery Novant Health Greater Charlotte Market
- Associate Professor of Orthopedic Surgery, Atrium Health
- Member Pediatric Trauma Outcomes Committee, Novant Health

Patient Information:

- [OrthoInfo](#)
- [OrthoKids](#)
- [Radiation Safety/What is an X-ray?](#)
- [Image Gently](#)
- [Scoliosis Research Society](#)
- [Growing Spine Foundation](#) (for Early Onset Scoliosis)
- [Setting Scoliosis Straight](#)

Awards

- Named a 2018 Top Doctor by Charlotte Magazine

Research

PUBLICATIONS (PEER-REVIEWED)

- Lee RJ, Paloski MD, Sponseller PD, Leet AI. Bent telescopic rods in patients with osteogenesis imperfecta. J Pediatr Orthop. 2016;36(6):656-660.
- Paloski MD, Sponseller PD, Akbarnia BA, et al. Is there an optimal time to distract dual growing rods? Spine Deformity 2014;2:467-470.
- Jacobson M, Griesser M, Paloski M, Mayerson J. Isolated Cryptococcus neoformans osteomyelitis of the proximal femur: a case report and review of literature. ORthop Surgery. 2012 Aug; 4(3):190-3.
- Paloski M, Taylor B, lobst C, Pugh K. Pediatric and adolescent applications of the Taylor Spatial Frame. Orthopedics. 2012 Jun 1;35(6):518-27.
- Paloski M, Griesser M, Jacobson M, Scharschmidt T. Chondroblastoma: a Rare cause of femoral neck fracture in a teenager. Am J of Orthop. 2011 Sep;40(9):E177-81.
- Paloski M, Taylor B, Willits M. Subtrochanteric Femur fracture after SCFE pinning: a treatment consideration. Adv Orthop. 2011;2011:809136. Epub

2011 Jan 12.

- Taylor B, Kean J, Paloski M. Distal focal femoral deficiency. J Pediatr Orthop. 2009 Sep;29(6):576-580.

POSTERS

- Macknet D, McKnight R, Odum S, Paloski M. Liposomal Bupivacaine for Adolescent Idiopathic Scoliosis Does Not Effectively Decrease Post-Operative Pain. Accepted as Podium Presentation at SOA, 2020
- Paloski M, Sponseller P. Is there an optimal time interval to distract dual growing rods? Accepted as ePoster at Annual Meeting of the POSNA 2013, Toronto, ON, Canada
- Lee J, Paloski M, Sponseller P, Leet A. Bent telescopic rods in osteogenesis imperfecta patients. Accepted as ePoster and podium presentation at Annual Meeting of the POSNA 2012, Denver, CO

PODIUM PRESENTATIONS

- Wohler A, Paloski M, Odum S, Casey V. Orthopedic Surgeon Time Allocation During the Clinical Encounter. Accepted as Podium Presentation at SOA, 2020.
- Wohler A, Paloski M, Odum S, Casey V. Orthopedic Surgeon Time Allocation During the Clinical Encounter. Accepted as Podium Presentation at NCOA, 2020.