



## Robert B. McBride, Jr., MD

### Bio

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- **Team Physician** -- Julius Chambers High School High School

### Education

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- **Xavier University** -- *Bachelor of Science*
- **West Virginia University School of Medicine** -- *Doctor of Medicine*
- **Charlotte Memorial Hospital** -- *Internship*
- **Charlotte Memorial Hospital** -- *Residency, Orthopedics*
- **American Board of Orthopedic Surgery** -- *Board Certified in Sports Medicine*

**P: 704.323.2100**

**Patient Rating:**

4.8 out of 5 Stars

### LOCATIONS

- University

### CLINICAL SPECIALTIES

- Specialties
- Knee
- Sports Medicine

### Practice

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- ACL/Meniscal Arthroscopic Surgery
- Dry Needling - [Presentation on Dry Needling](#)
- Foot & Ankle Surgery
  - Bunions
  - Hammertoes
- Hand Surgery
  - Carpal Tunnel Syndrome
  - Trigger Finger
  - de Quavain Disease
  - Wrist Fractures
- Hip and Knee
  - Conservative Treatment Options
  - Surgical Treatment Options
- Pre and Post Total **Hip** Replacement - [Instructional Rehabilitation Video Series](#)
- Pre and Post Total **Knee** Replacement - [Instructional Rehabilitation Video Series](#)
- Rotator Cuff Surgery

- Shoulder Surgery and Shoulder Injuries
- Trauma/Fracture Surgery
  - Ankle Fractures
  - Wrist & Long Bone Fractures
  - Hip Fractures

## Awards

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2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine