



Meredith Bumgarner, MS, OTR/L, CSCS

Bio

- **Lenoir Rhyne University** - *Master of Science Occupational Therapy and Bachelor of Science Human Occupational Studies*

Practice

- American Society of Hand Therapists
- National Strength and Conditioning Association
- North Carolina Board of Occupational Therapy
- National Board of Occupational Therapy
- Focuses on hand and upper extremity rehab, custom splinting, kinesioteaping, and sport specific rehab

P: 828.485.2160

LOCATIONS

- Hickory Physical & Hand Therapy

CLINICAL SPECIALTIES