



## Patrick M. Connor, MD

### Bio

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**P: 704.323.3000**

**Patient Rating:**

4.9 out of 5 Stars

### LOCATIONS

- Shoulder & Elbow Center
- South Park
- Sports Medicine Center

### CLINICAL SPECIALTIES

- Shoulder & Elbow
- Knee
- Sports Medicine
- Shoulder
- Sports Medicine
- Trauma

- Head Team Physician for the Charlotte Bootleggers
- Head Team Physician for the Carolina Panthers (2001-2021)
- Assistant Team Physician for the Carolina Panthers (1997-2001)
- Head Team Physician for the Charlotte Knights (2003 - present)
- Team Physician for Hendrick Motorsports (2018 - present)
- Team Physician for Toyota Racing Development (2019 - present)
- Head Team Physician for Joe Gibbs' Racing (2002 - 2018)
- Head Team Physician for Michael Waltrip Racing (2015 - 2016)
- Team Physician for the 2014 NFL Pro Bowl
- Team Physician for the 2006 NFL Pro Bowl
- Head Team Physician for Providence Day School (2011 - present)
- Editorial Board/Consultant for the Journal of Bone and Joint Surgery
- Editorial Board/Consultant for the Journal of Shoulder and Elbow Surgery
- Editorial Board/Consultant for The American Journal of Sports Medicine

- Professor and Chief, Shoulder and Elbow Surgery/ Sports Medicine, Orthopaedic Surgery Residency Program, Atrium Health, Charlotte, NC
- Clinical Faculty, Trauma Surgery, Orthopaedic Surgery Residency Program, Atrium Health - Carolinas Medical Center
- Attending Physician, OrthoCarolina Sports Medicine Clinic / Shoulder and Elbow Surgery Fellowship Program, OrthoCarolina, Charlotte, NC
- OrthoCarolina Research Institute (OCRI)
  - Board of Directors, 2002 – present
  - Chairman of the Board, 2002 – 2009

### Education

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- **Oklahoma State University** -- *Bachelor of Science*

- **University of Oklahoma College of Medicine** -- *Doctor of Medicine*
- **Department of Orthopedic Surgery, Atrium Health - Carolinas Medical Center** -- *Internship*
- **Department of Orthopedic Surgery, Atrium Health - Carolinas Medical Center** -- *Residency*
- **Columbia-Presbyterian Medical Center, New York Orthopaedic Hospital** -- *Fellowship Shoulder Surgery*
- **Mayo Clinic** -- *Visiting Clinician Program, Elbow Surgery*

## Practice

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### BOARD CERTIFICATION

- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Recertified 1/2009 – 12/2028
- ABOS Subspecialty Certification in Orthopaedic Sports Medicine 11/2007 – 12/2028
- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Part II July 16, 1998
- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Part I July 14, 1995

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- Specializes in all aspects of Shoulder and Elbow Surgery
  - Specializes in Sports Medicine
  - Specializes in Arthroscopic and Reconstructive Knee Surgery
  - Specializes in Orthopedic Trauma Surgery
  - Dr. Connor's expertise has been vital in the evolution of surgical techniques for things such as hamstring ACL reconstruction, arthroscopic rotator cuff surgery, elbow arthroscopy, and shoulder and elbow replacement surgery

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- American Shoulder and Elbow Surgeons (ASES)
    - Finance Committee 2020-Present
    - Research Committee, 2008 - present
  - The American Orthopaedic Association (AOA)
  - American Orthopaedic Society for Sports Medicine (AOSSM)
    - Team Physician Committee 2018-Present
  - National Football League Physicians Society (NFLPS)
    - President, 2009 – 2011
    - President Elect, 2007 – 2009
    - Executive Committee, 2006 – present
  - American Academy of Orthopaedic Surgeons (AAOS), Fellow

- American Board of Orthopaedic Surgeons (ABOS)
- American Medical Association (AMA)
- North Carolina Orthopaedic Association (NCOA)
- North Carolina Medical Society (NCMS)
- Mecklenburg County Medical Society (MCMS)
- Alpha Omega Alpha Honor Medical Society (AOA)
- Charlotte Sports Commission
- The Charlotte Executive Club

## Awards

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- Named a 2023 Top Doctor by Charlotte Magazine
- 2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- Named a 2021 Top Doctor by Charlotte Magazine
- Named a 2020 **Top Doctor** by Charlotte Magazine
- Named a 2019 **Top Doctor** by Charlotte Magazine
- Named a 2018 **Top Doctor** by Charlotte Magazine
- Named a 2017 **Top Doctor** by Charlotte Magazine
- Named a 2016 **Top Doctor** by Charlotte Magazine
- Named a 2015 **Top Doctor** by Charlotte Magazine
- Business NC Magazine's **Top Doctors** 2015
- Named a 2014 **Top Doctor** - Charlotte Business Journal
- Top Doctors, US News & World Report, 2012 – 2013
- Charlotte's Top Doctors 2013, Charlotte Magazine, July 2013
- Best Doctor's in America 2013, BestDoctors.com, July 2013
- Patient's Choice Award 2012, AmericanRegistry.com, July 2013
- Charlotte's Top Doctors 2012, Charlotte Magazine, July 2012
- Charlotte's Top Doctors 2011, Charlotte Magazine, July 2011
- Charlotte's Top Doctors 2010, Charlotte Magazine, July 2010
- Charlotte's Top Doctors 2009, Charlotte Magazine July 2009
- Top Doctors 2009, Consumers' Guide to Top Doctors in the Business North Carolina Magazine, 2009
- Charlotte's Top Doctors 2008, Charlotte Magazine, July 2008
- Charlotte's Top Doctors 2007, Charlotte Magazine, July 2007
- North Carolina's Best Doctors 2007, Business North Carolina Magazine, July 2007
- Charlotte's Top Doctors 2006, Charlotte Magazine, July 2006
- America's Top Surgeons 2006, Consumers' Research Council of America, July 2006

- Honorary Chairman of the National Republican Congressional Committee, 2005
- Physicians' Advisory Board of North Carolina, a Congressional Appointment by Congressman Tom Reynolds, Chairman, National Republican Congressional Committee, 2004 - 2005
- Community Award of Excellence, Arthritis Foundation of the Carolinas, 2001
- Recipient of the Basil M. Boyd, M.D. Memorial Resident Lecture Series Award, 1995.

### Medical School

- Alpha Omega Alpha, Junior Year Selection, 1989
- Vice President of Medical School Class, 1987-1990
- Dr. Frank L. Flack and Jessie Gordon Flack Scholarship, 1988
- Robert M. O'Neal Award for Excellence in Systemic Pathology, 1988
- Dr. A.R. Wiley Scholarship, 1987

### Undergraduate

- All-American Men's Tennis, Oklahoma State University, 1986
- All-Big 8 Conference Academic Team, Oklahoma State University, 1986
- Ike Groce Memorial Big 8 Conference Sportsmanship Award, Men's Tennis, 1986
- National Dean's List for College Undergraduates, 1986
- Dean's Honor Roll, Oklahoma State University, 1985-1986
- Dean's Honor Roll, The University of Tulsa, 1983-1984
- Outstanding Student Leader, The University of Tulsa, 1983-1984
- University Scholar, The University of Tulsa, 1982
- Omicron Delta Kappa Outstanding Freshmen, The University of Tulsa, 1981
- Allen B. Stowe National Junior Tennis Championship Sportsmanship Award, 1981
- Oklahoma State High School Tennis Championships All-Decade Team, 1980's
- Four-time Oklahoma State High School Singles Tennis Champion (1978-1981)

## Research

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### PUBLICATIONS

- Berk AN, Rao AJ, Hysong AA, Obana KK, Ifarraguerri AM, Trofa DP, Connor PM, Schiffen SC, Hamid N, Saltzman BM. Is the Impact of Previous Rotator Cuff on the Outcome of Reverse Shoulder Arthroplasty

Clinically Relevant? A Systematic Review of 2879 Shoulders. *Shoulder and Elbow*. Accepted, July 2024.

- Young BL, Bitzer A, Odum S, Hamid N, Schiffern SC, Connor PM. Healthcare Costs of Failed Rotator Cuff Repairs. *Journal of Shoulder and Elbow Surgery, Reviews, Reports & Techniques*, Published April 25, 2023.
- Kahan JB, Hysong A, Rees A, Cregar W, Bixby E, Connor PM. Outcomes of Reverse Shoulder Arthroplasty for Severe Glenoid Bone Deficiency Utilizing a Custom Patient-Specific Prosthesis. *Submitted to ASES 2023 and AAOS 2023*.
- Saltzman BS, Berk AH, Rao AJ, Trofa DP, Schiffern SC, Connor PM, Hamid N. Clinical and Radiographic Outcomes of the Modified McLaughlin Procedure for Locked Posterior Dislocation of the Shoulder: A Systematic Review. *International Orthopaedics*, Submitted for Publication April 2023.
- Berk A, Rao AJ, Ahmad CS, Trofa DP, Connor PM, Piasecki DP, Fleischli JE, Saltzman BM. Inconsistencies in Reporting Risk Factors for Poor Outcomes after Ulnar Collateral Ligament Reconstruction: A Systematic Review. *J Shoulder Elbow Surg*. Accepted, Feb 2023.
- Saltzman BS, Berk AH, Rao AJ, Trofa DP, Schiffern SC, Connor PM, Hamid N. Clinical and Radiographic Outcomes of the Modified McLaughlin Procedure for Locked Posterior Dislocation of the Shoulder: A Systematic Review. *Journal of Shoulder and Elbow Surgery*, Submitted for Publication February 2023.
- Young BL, Meade J, Jackson G, Yu Z, Berk A, Connor PM, Schiffern SC, Hamid N, Saltzman BS. Seasonal Variations in Distal Biceps Ruptures by use of a National Database. *Shoulder and Elbow*, Submitted for Publication July 15, 2022.
- Hong IS, Rao AJ, CarlLee TL, Hurwit DJ, Scarola G, Trofa DP, Schiffern SC, Hamid N, Connor PM, Fleischli JE, Saltzman BM. Outcomes After Arthroscopic Repair of Small to Large Rotator Cuff Tears in the Setting of Mild to Moderate Glenohumeral Osteoarthritis. *World Journal of Orthopedics*, Accepted for Publication, July, 2022.
- Bushnell BD, Angelo RL, Bishai SK, Bravman J, Connor PM, Getelman MH, Harris HW, McIntyre LF, McMillan S, Trenhaile SW. Concerns Regarding Increased Stiffness and Reoperation Rate in Partial Rotator Cuff Repairs Treated with a Bovine Patch: A Propensity-Matched Trial. *Journal of Shoulder and Elbow Surgery*, Accepted for Publication June 27, 2022.
- Gaston RG, Macknet DM, Ford SE, Mak R, Loeffler BJ, Connor PM. Complications After Acute Distal Triceps Tears: An Analysis of 107 Cases. *Journal of Shoulder and Elbow Surgery, Reviews, Reports & Techniques*,

*Published June 22, 2022.*

- Bushnell BD, Connor PM, Harris HW, Ho CP, Trenhaile SW, Abrams JS. Two-Year Outcomes with a Bioinductive Collagen Implant Used in Augmentation of Arthroscopic Repair of Full-Thickness Rotator Cuff Tears: Final Results of a Prospective Multicenter Study. *Journal of Shoulder and Elbow Surgery Accepted for Publication May 30, 2022.*

**[Download or view a complete listing](#) of Dr. Connor's research including more Publications, Book Chapters, Presentations, and Posters/Exhibits/Multimedia.**

## Team

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- Office: 704-323-3000
- Test/Surgery Scheduling: Kelly Smith 704-323-3168
- Medical Administrative Assistant: Brittany Mills 704-323-3553