



## Patrick M. Connor, MD

### Bio

**P: 704.323.3000**

**Patient Rating:**

4.9 out of 5 Stars

### LOCATIONS

- Shoulder & Elbow Center
- South Park
- Sports Medicine Center

### CLINICAL SPECIALTIES

- Shoulder & Elbow
- Knee
- Sports Medicine
- Shoulder
- Sports Medicine
- Trauma

- Head Team Physician for the Charlotte Knights
- Head Team Physician for the Charlotte Bootleggers
- Head Team Physician for the Carolina Panthers (2001-2021)
- Assistant Team Physician for the Carolina Panthers ( 1997-2001)
- Head Team Physician for the Charlotte Knights (2003 - present)
- Team Physician for Hendrick Motorsports (2018 - present)
- Team Physician for Toyota Racing Development (2019 - present)
- Head Team Physician for Joe Gibbs' Racing (2002 - 2018)
- Head Team Physician for Michael Waltrip Racing (2015 - 2016)
- Team Physician for the 2014 NFL Pro-Bowl
- Team Physician for the 2006 NFL Pro-Bowl
- Head Team Physician for Providence Day School (2011 - present)
- Editorial Board/Consultant for the Journal of Bone and Joint Surgery
- Editorial Board/Consultant for the Journal of Shoulder and Elbow Surgery
- Editorial Board/Consultant for The American Journal of Sports Medicine

- Professor and Chief, Shoulder and Elbow Surgery/ Sports Medicine, Orthopaedic Surgery Residency Program, Atrium Health, Charlotte, NC
- Clinical Faculty, Trauma Surgery, Orthopaedic Surgery Residency Program, Atrium Health - Carolinas Medical Center
- Attending Physician, OrthoCarolina Sports Medicine Clinic / Shoulder and Elbow Surgery Fellowship Program, OrthoCarolina, Charlotte, NC
- OrthoCarolina Research Institute (OCRI)
  - Board of Directors, 2002 – present
  - Chairman of the Board, 2002 – 2009

### Education

- **Oklahoma State University** -- *Bachelor of Science*
- **University of Oklahoma College of Medicine** -- *Doctor of Medicine*

- **Department of Orthopedic Surgery, Atrium Health - Carolinas Medical Center -- Internship**
- **Department of Orthopedic Surgery, Atrium Health - Carolinas Medical Center -- Residency**
- **Columbia-Presbyterian Medical Center, New York Orthopaedic Hospital -- Fellowship Shoulder Surgery**
- **Mayo Clinic -- Visiting Clinician Program, Elbow Surgery**

## Practice

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### BOARD CERTIFICATION

- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Recertified 1/2009 – 12/2028
- ABOS Subspecialty Certification in Orthopaedic Sports Medicine 11/2007 – 12/2028
- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Part II July 16, 1998
- Diplomate, American Board of Orthopaedic Surgeons (ABOS), Part I July 14, 1995

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- Specializes in all aspects of Shoulder and Elbow Surgery
  - Specializes in Sports Medicine
  - Specializes in Arthroscopic and Reconstructive Knee Surgery
  - Specializes in Orthopedic Trauma Surgery
  - Dr. Connor's expertise has been vital in the evolution of surgical techniques for things such as hamstring ACL reconstruction, arthroscopic rotator cuff surgery, elbow arthroscopy, and shoulder and elbow replacement surgery

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- American Shoulder and Elbow Surgeons (ASES)
    - Finance Committee 2020-Present
    - Research Committee, 2008 - present
  - The American Orthopaedic Association (AOA)
  - American Orthopaedic Society for Sports Medicine (AOSSM)
    - Team Physician Committee 2018-Present
  - National Football League Physicians Society (NFLPS)
    - President, 2009 – 2011
    - President Elect, 2007 – 2009
    - Executive Committee, 2006 – present
  - American Academy of Orthopaedic Surgeons (AAOS), Fellow
  - American Board of Orthopaedic Surgeons (ABOS)
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- American Medical Association (AMA)
- North Carolina Orthopaedic Association (NCOA)
- North Carolina Medical Society (NCMS)
- Mecklenburg County Medical Society (MCMS)
- Alpha Omega Alpha Honor Medical Society (AOA)
- Charlotte Sports Commission
- The Charlotte Executive Club

## Awards

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- Named a 2023 Top Doctor by Charlotte Magazine
- 2022 [North Carolina's Top Doctors](#), Charlotte Region, SouthPark Magazine
- Named a 2021 Top Doctor by Charlotte Magazine
- Named a 2020 **Top Doctor** by Charlotte Magazine
- Named a 2019 **Top Doctor** by Charlotte Magazine
- Named a 2018 **Top Doctor** by Charlotte Magazine
- Named a 2017 **Top Doctor** by Charlotte Magazine
- Named a 2016 **Top Doctor** by Charlotte Magazine
- Named a 2015 **Top Doctor** by Charlotte Magazine
- Business NC Magazine's **Top Doctors** 2015
- Named a 2014 **Top Doctor** - Charlotte Business Journal
- Top Doctors, US News & World Report, 2012 – 2013
- Charlotte's Top Doctors 2013, Charlotte Magazine, July 2013
- Best Doctor's in America 2013, BestDoctors.com, July 2013
- Patient's Choice Award 2012, AmericanRegistry.com, July 2013
- Charlotte's Top Doctors 2012, Charlotte Magazine, July 2012
- Charlotte's Top Doctors 2011, Charlotte Magazine, July 2011
- Charlotte's Top Doctors 2010, Charlotte Magazine, July 2010
- Charlotte's Top Doctors 2009, Charlotte Magazine July 2009
- Top Doctors 2009, Consumers' Guide to Top Doctors in the Business North Carolina Magazine, 2009
- Charlotte's Top Doctors 2008, Charlotte Magazine, July 2008
- Charlotte's Top Doctors 2007, Charlotte Magazine, July 2007
- North Carolina's Best Doctors 2007, Business North Carolina Magazine, July 2007
- Charlotte's Top Doctors 2006, Charlotte Magazine, July 2006
- America's Top Surgeons 2006, Consumers' Research Council of America, July 2006
- Honorary Chairman of the National Republican Congressional Committee, 2005

- Physicians' Advisory Board of North Carolina, a Congressional Appointment by Congressman Tom Reynolds, Chairman, National Republican Congressional Committee, 2004 - 2005
- Community Award of Excellence, Arthritis Foundation of the Carolinas, 2001
- Recipient of the Basil M. Boyd, M.D. Memorial Resident Lecture Series Award, 1995.

### Medical School

- Alpha Omega Alpha, Junior Year Selection, 1989
- Vice President of Medical School Class, 1987-1990
- Dr. Frank L. Flack and Jessie Gordon Flack Scholarship, 1988
- Robert M. O'Neal Award for Excellence in Systemic Pathology, 1988
- Dr. A.R. Wiley Scholarship, 1987

### Undergraduate

- All-American Men's Tennis, Oklahoma State University, 1986
- All-Big 8 Conference Academic Team, Oklahoma State University, 1986
- Ike Groce Memorial Big 8 Conference Sportsmanship Award, Men's Tennis, 1986
- National Dean's List for College Undergraduates, 1986
- Dean's Honor Roll, Oklahoma State University, 1985-1986
- Dean's Honor Roll, The University of Tulsa, 1983-1984
- Outstanding Student Leader, The University of Tulsa, 1983-1984
- University Scholar, The University of Tulsa, 1982
- Omicron Delta Kappa Outstanding Freshmen, The University of Tulsa, 1981
- Allen B. Stowe National Junior Tennis Championship Sportsmanship Award, 1981
- Oklahoma State High School Tennis Championships All-Decade Team, 1980's
- Four-time Oklahoma State High School Singles Tennis Champion (1978-1981)

## Research

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### PUBLICATIONS

- Young BL, **Connor** PM, Schiffen SC, Roberts KM, Hamid N. Reverse Shoulder Arthroplasty with and without Latissimus and Teres Major Transfer for Patients with Combined Loss of Elevation and External Rotation: A prospective, randomized investigation. J Shoulder Elbow Surg 29{5}: 874-881, May 2020

- Axibal DP, Yeatts NC, Rao AJ, Muna KR, **Connor** PM, Fleischli JE, Piasecki DP, Saltzman BM, Hamid N. Natural History of Patients with Acute Proximal Biceps Tendon Rupture. Submitted to Clinical Journal of Sports Medicine, April 2020
- Ode GE, Larson TB, **Connor** PM, Fleischli JE, D' Alessandro DF. Intramedullary Fixation for Displaced Clavicle Fractures in the Adolescent Athlete. Journal of Surgical Orthopaedic Advances {29} 2: 81-86, Summer 2020
- Stuhlman CR, Owens CJ, Samuelson EM, Vermillion RP, Shermansky MD, King KB, **Connor** PM. Recurrent Anterior Cruciate Ligament Tears in the National Football League: A Case Control Study. Orthopaedic Journal Sports Medicine, December 2019
- Saltzman BM, Varkey DT, Trofa DP, Yeatts NC, Odum SM, **Connor** PM, Piasecki DP, Fleischli JE. An Update on Graft-Tunnel Mismatch in Anterior Cruciate Ligament Reconstruction: A Survey of the Experts in the Field of Orthopaedic Sports Medicine. Submitted to The Knee on 10/25/2019
- Leas D, **Connor** PM, Schiffen SC, D' Alessandro D, Roberts KM, Hamid N. Opioid Free Shoulder Arthroplasty: A Prospective Study of a Novel Clinical Care Pathway. J Shoulder Elbow Surg 28(9):1716-1722, September 2019
- Ode G, Odum S, **Connor** PM, Hamid N. Ambulatory vs Inpatient Shoulder Arthroplasty: A Populationbased Analysis of Trends, Outcomes, and Charges. Accepted for publication. J Shoulder Elbow Surg
- Young BL, **Connor** PM, Schiffen SC, Roberts KM, Hamid N. Reverse Shoulder Arthroplasty with and without Concomitant Latissimus and Teres Major Transfer for Shoulder Pseudoparalysis with Teres Minor Dysfunction: A Prospective, Randomized Investigation. Submitted for publication {JBJS}
- Ford SE, Andersen JS, Macknet DM, **Connor** PM, Loeffler BJ, Gaston RG. Major Complications After Distal Biceps Tendon Repairs: Retrospective Cohort Analysis of 970 cases. J Shoulder Elbow Surg 27 {10}: 1898-06, Oct. 2018
- Vestermark GL, Van Doren BA, **Connor** PM, Fleischli JE, Piasecki DP, Hamid N. The Prevalence of Rotator Cuff Pathology in the Setting of Acute Proximal Biceps Tendon Rupture. J Shoulder Elbow Surg 27 {7}: 1258-62 <https://doi.org/10.1016/j.jse....>, February 22, 2018
- Ode GE, Larson TB, **Connor** PM, Fleischli JE, D' Alessandro DF. Intramedullary fixation for displaced clavicle fractures in the adolescent athlete. Submitted for publication, Orthopaedics, 2018
- Ruder JA, Angerame MR, Hartigan DE, Odum SM, **Connor** PM. Distal Clavicle Morphology: Elimination of the "A-frame" for Consistent Distal

Clavicle Excision. Submitted for publication, Arthroscopy, 2018

[Download or view a complete listing](#) of Dr. Connor's research including more Publications, Book Chapters, Presentations, and Posters/Exhibits/Multimedia.

## Team

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- Office: 704-323-3000
- Test/Surgery Scheduling: Kelly Smith 704-323-3168
- Medical Administrative Assistant: Brittany Mills 704-323-3553