



## Ryan McCarter, MD

### Bio

---

Dr. McCarter was born and raised in Cambridge, Maryland, a small town nestled on the Eastern Shore of the Chesapeake Bay. He enjoys listening to music, playing guitar, trying any and all new restaurants, and exercising. When not working, he can be found spending time with his Wife, son, and their dog at home.

### LOCATIONS

- Belmont
- Gastonia

### CLINICAL SPECIALTIES

- Spine
- Specialties
- Physiatry

### Education

---

- East Carolina University- Bachelor of Science, Exercise Science
- University of Maryland School of Medicine- Doctor of Medicine
- Atrium Health, Carolinas Rehabilitation- Residency in Physical Medicine and Rehabilitation
- Wake Forest Baptist- Fellowship, Interventional Spine and Musculoskeletal Medicine

### Practice

---

- Low back pain
- Neck pain
- Sciatica/lumbar radiculopathy
- Spinal Stenosis
- Herniated discs

- North American Spine Society (NASS)
- Spine Intervention Society (SIS)
- The American Academy of Physical Medicine and Rehabilitation (AAPMR)

### Research

---

- McCarter, R MD, McKinney, Z MD, Miller, T MD. Guillain-Barre? As (33) If?

- Presented at 2021 AAPMR Annual meeting. Peer reviewed Abstract Publication
- Mogk, L. McCarter, R. Payne, C. Neurosarcoidosis Presenting As Ischemic Brain Infarct.
- Presented at 2021 AAP Annual meeting. Peer reviewed Abstract Publication
- McCarter, R. Wieder, K. Sweat, S. Chandler, L. B12 Deficiency Presenting as an ALS mimic. Presented Virtually at Annual AAPM&R Annual Meeting. Peer Reviewed Abstract Publication
- McCarter R., Moayed S, Witting MD. No Radiographic Safe Margin Found in the "Easy IJ" Internal Jugular Vein Procedure. J Emerg Med. 2018 Jul;55(1):29-33