



Gregory F. Pereira, MD

Bio

Dr. Pereira was raised in Chapel Hill, North Carolina, and completed his undergraduate education at UNC-Chapel Hill, where he was awarded a four-year academic scholarship. He then moved to Philadelphia for medical school at the Perelman School of Medicine at the University of Pennsylvania where he worked at the Center for Health Care Transformation and Innovation. After medical school, Dr. Pereira returned to North Carolina for the remainder of his medical training, completing his Orthopedic Surgery Residency at Duke University Medical Center and his Fellowship in Hand, Microvascular, and Upper Extremity Surgery at OrthoCarolina.

In addition to his surgical expertise, Dr. Pereira has remained active in clinical research and innovation within orthopedics to improve patient care. He has published over 20 peer-reviewed publications, presented at regional and national conferences, and has worked with industry partners on the development of medical devices.

Outside of orthopedics, Dr. Pereira enjoys spending time with friends and family at the lake and continues to practice a variety of water sports including wakeboarding, wake surfing, and slalom skiing. He also enjoys watching basketball and football, traveling, and hiking with his wife and two rescue puppies.

CLINICAL SPECIALTIES

- Elbow
- Hand
- Specialties
- Wrist

Education

- University of North Carolina at Chapel Hill- Bachelor of Science in Public Health
- University of Pennsylvania School of Medicine- Doctor of Medicine
- Duke University School of Medicine- Orthopedic Surgery Residency Program
- OrthoCarolina- Hand Fellowship

Practice

In-Office Procedures:

- Carpal tunnel release
- Trigger finger release
- 1st dorsal compartment (De Quervain) release
- Mucous cyst excision
- Ganglion cyst excision
- Simple hardware removal
- Mass excisions

Arthritis:

- CMC arthroplasty (basilar thumb arthritis)
- Small joint fusion procedures
- Joint replacement (arthroplasty) procedures
- Denervation procedures
- Proximal row carpectomy
- Partial and total wrist fusion

Peripheral Nerve Entrapment and Injury:

- Carpal tunnel release
- Cubital tunnel release
- Peripheral nerve repairs
- Peripheral nerve transfers

Tendon injuries and Tenosynovitis:

- Extensor tendon repairs
- Flexor tendon repairs and reconstructions
- Tendon transfers
- Tenosynovectomy procedures

Trauma and Fracture Management:

Surgical and nonsurgical management of fractures of the hand, wrist, and elbow:

- Distal radius fractures
- Metacarpal fractures
- Olecranon fractures
- Phalanx fractures
- Scaphoid and carpal fractures
- Radial head fractures
 - Fingertip injuries
 - Ligament injuries
 - Management of chronic arthritic deformity from prior trauma

Arthroscopy

- Diagnostic wrist arthroscopy
- TFCC debridement and repair

Other

- Dupuytren disease
- Avascular necrosis
- Targeted muscle reinnervation (TMR)
- Regenerative peripheral nerve interface (RPNI)

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- American Society of Surgery of the Hand (2021-present)
 - American Academy of Orthopaedic Surgeons (2018-present)
 - American Orthopaedic Association (2018- present)
 - American Medical Association (2014-present)
 - Piedmont Orthopedic Society (2023-present)
 - Medical Advisory Board Member - Arbutus Medical Inc (2022- present)
 - Co-Lead Consultant for Skeletal Traction Product Design- Arbutus Medical Inc (2022-present)

Awards

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- Panacea Financial Foundation Grant (2022)
 - CTNext Entrepreneur Innovation Award (EIA) (2022)
 - American Orthopaedic Foot & Ankle Society (AOFAS) Scholar Program Award Recipient, (2020, 2021)
 - People's United Center for Innovation & Entrepreneurship 2021 Pitch Competition Grand Prize Award Recipient (2021)
 - Connecticut Innovations - BioPipeline CT Grant - (2020)
 - Annual Merit Scholarship at Perelman School of Medicine at the University of Pennsylvania (2014-2018)
 - Pogue Scholar, academic scholarship at the University of North Carolina at Chapel Hill (2010-2014)
 - Phi Beta Kappa