# **Orthocarolina**



### LOCATIONS

Huntersville Physical & Hand Therapy

## Aryn Lamberson, PT

#### Bio

Aryn was a member of Misericordia's women's swim team for 4 years while pursuing her degrees. Aryn was published in the Journal of Women's Health Physical Therapy for her contribution in The Efficacy of Kinesiology Taping in the Treatment of Women with Post-Mastectomy Lymphedema, A Systematic Review. Aryn is passionate about providing effective and enjoyable patient care and plans on pursuing further education in functional movement, dry needling, and manual therapy

#### **Education**

#### **CLINICAL SPECIALTIES**

- Misericordia University Bachelor of Science in Business Administration with a specialization in Healthcare Management
- Misericordia University Minor in Psychology
- Misericordia University Doctor of Physical Therapy

#### Research

The Efficacy of Kinesiology Taping in the Treatment of Women with Post-Mastectomy Lymphedema: A Review of Current Literature.

- Published in the Journal of Women's Health Physical Therapy: May/August
  2018 Volume 42 Issue 2
- Poster presentation at APTA NEXT conference 2017 in Boston, MA
- Presentation for continuing education research symposium