



## Brenda Culbertson, MPT, CSCS

### Bio

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Brenda joined the OrthoCarolina Physical Therapy team in January of 2023. She has a passion to help her patients improve their overall health and quality of life. Although Brenda is a Tar Heel graduate and fan, she also enjoys supporting UNC Charlotte Athletics, where both of her daughters attend college. She enjoys spending time with her husband, supporting their daughters, and running with friends in her off time.

### LOCATIONS

- University Physical & Hand Therapy

### Education

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- University of North Carolina at Chapel Hill
- Emory University

### CLINICAL SPECIALTIES

### Practice

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Certified Strength and Conditioning Specialist (CSCS) with National Strength and Conditioning Association