



## Joey Yip, PT, DPT, CPT

### Bio

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I am a food fanatic, exercise enthusiast, and adventure-seeking therapist. I am from Shelby, NC. I finished my undergraduate at UNC-Chapel Hill. Then I further my education by pursuing a Doctorate at Methodist University. Since graduation, I have pursued additional evidence-based courses to help me clinically. Also, I have pursued leadership and data-driven classes to assist my co-workers. With this driven mentality, I am constantly in search of new challenges. Challenges to push myself physically and mentally. With that being said, I do take breaks from these challenges. Those breaks can be as simple as learning a new sport, exercise technique, and cooking skills. The breaks can be as elaborate as traveling to different countries and exploring various cultural differences in the world. I hope to bring both the clinical side of things and my general interests together to help understand and treat people from various backgrounds.

**P: 828.485.2160**

### LOCATIONS

- Shelby Physical Therapy

### CLINICAL SPECIALTIES

### Education

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- **University of North Carolina at Chapel Hill** - *B.A. in Exercise and Sport Science & Sociology*
- **Methodist University**