



## Kailey Bedford, MOT, OTR/L, CHT

### Bio

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Kailey is dedicated to providing evidenced informed, patient-centered care for hand and upper extremity surgeries, challenges and conditions. She believes every person, injury and situation is unique and commits herself to develop a plan of care to best fit your needs. She is highly involved in the American Society of Hand Therapists with a focus on developing and leading students to ensure the growth of the profession. She feels strongly about understanding the importance of physical and mental wellness to improve overall engagement in the things we want, need, and love to do, including but not limited to, getting back to your sport or to knitting your grandchild's blanket. Outside of her love of upper extremity rehabilitation, she could be found hiking, camping in her teardrop camper (named Steve), exercising, paddle boarding, kayaking, catching some live music, traveling, and trying something new. She loves adventures with her partner, dog (Frankie), and friends.

### LOCATIONS

- Brachial Plexus and Limb Paralysis Center
- Hand Center Therapy
- Spasticity Clinic

### CLINICAL SPECIALTIES

### Education

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- **University of Pittsburgh** - *Bachelor of Science, Psychology*
- **University of Pittsburgh** - *Master of Occupational Therapy*

### Practice

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Member of The American Society of Hand Therapists

Occupational Hand Therapist

Kailey is also a new addition to OrthoCarolina's Hand and Upper extremity Fellowship Faculty

### Awards

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- **American Society of Hand Therapists**

- Outstanding Service Award, 2020
- Outstanding Service Award, 2021
- Current member of ASHT Education Division (2022)
- Current chair of Student Offerings Committee (2022)
- **University of Pittsburgh Master of Occupational Therapy Department**
  - Award of Professional Excellence, 2012
- **Annual Family Services of Western Pennsylvania**
  - Community Recognition Award, 2012

## Research

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### PRESENTATIONS:

- **Tampa Hand Club; 2019**
  - Management of a Polytrauma Case
- **Pennsylvania Occupational Therapy Association Annual Conference; 2013, Pittsburgh, PA**
  - Occupational Therapy in the Community: A Museum Approach
- **ASHT Live Webinar Series (future scheduled presentation)**
  - Ulnar Sided Wrist Pain
- **University of Florida Occupational Therapy Department; 2021**
  - Guest Lecture: A Glimpse into Hand and Upper Extremity Therapy
  - Virtual Panelist: Educating and Shaping the Next Generation of OTs: How to Bridge the Communication Gap between Fieldwork Educators and their OT Students
- **OrthoCarolina Research Institute; 2021**
  - Virtual. Exploring Students: Intro to Hand Therapy. Co-presented with Dr. Erika Gantt
- **American Society of Hand Therapists Webinar Series; 2021**
  - Virtual. Ulnar Sided Wrist Pain: Ulnar Impaction Syndrome. Co-presented with Dr. Zakariah Mahmood
- **OrthoCarolina Occupational Therapy Quarterly Meeting; 2021**
  - Ulnar Sided Wrist Pain: Ulnar Impaction Syndrome. Co-presented with Dr. Zakariah Mahmood
- **South Carolina Occupational Therapy Annual Conference; 2022**
  - Distal Radius Fractures: Key Points and Pearls