



## Julia Tranquillo, PT, DPT, OCS

### Bio

---

Originally from Connecticut, I moved to Charlotte in March of 2020. I enjoy traveling, spending time with my friends and family, sports, and crafting.

### Education

---

- Springfield College - *Doctorate of Physical Therapy*
- Springfield College - *Bachelor of Health Science*

### LOCATIONS

- Matthews Physical & Hand Therapy

### CLINICAL SPECIALTIES

### Research

---

**Flexion Directional Preference in a Patient with Low Back Pain, Utilizing Mechanical Diagnosis and Therapy:** *A Case Report:* Brian Greer, PT, DPT, Dip MDT; Julia Tranquillo, PT, DPT, OCS, Cert MDT; Joseph R. Maccio, PT, DPT, Dip MDT

**Directional Preference of the Wrist: A Preliminary Investigation:** Joseph R. Maccio, Lindsay Carlton, Sarah Fink, Chanel Ninan, Chandree Van Vranken, Garret Biese, Colin McGowan, Joseph G. Maccio, and Julia Tranquillo