



## Brian Opalacz, D.O.

### Bio

---

Dr. Opalacz was born and raised in Connecticut, attended Elon University and fell in love with our great state of North Carolina.

He attended Lake Erie College of Osteopathic Medicine for medical school and completed a five-year residency at a Level I trauma center at York Wellspan Hospital in York, Pennsylvania. Dr. Opalacz is fellowship-trained in Sports Medicine at Orlando Health Medical Center in Orlando, Florida. During his time in Orlando, Dr. Opalacz worked closely with Major League Soccer team: Orlando City Soccer, Orlando City Pride Women's team, Kissimmee Fire Frog Minor League Baseball, University of Central Florida Men's basketball, Washington Nationals training camp and Team USA Beach Soccer in Italy. He also worked closely with several local high schools for sports physical and multi-sports coverage.

**P: 704.484.0606**

### Patient Rating:

4.9 out of 5 Stars

### LOCATIONS

- Lincolnton
- Shelby
- Head Team Physician of Cleveland Community College
- Head Team Physician of Gardner Webb University
- Head Team Physician of Burns High School

### CLINICAL SPECIALTIES

- Sports Medicine
- Sports Medicine

### Education

---

- **Elon University** - *Bachelors of Science in Biology*
- **Lake Erie College of Osteopathic Medicine** - *Doctor of Osteopathy*
- **York Wellspan Hospital** - *Internship/Residency*
- **Orlando Regional Medical Center** - *Sports Medicine Fellowship*

### Practice

---

- Dr. Opalacz is an orthopedic surgeon specializing in sports medicine.

### Awards

---

- AOA original research: 1st place General category; B Opalacz, T DiPasquale, J Rogers. Femoral and Lateral Femoral Cutaneous Nerve Block for Intertrochanteric Hip Fracture Surgery.
- AOA original research: 1st place Trauma category; B Opalacz, T DiPasquale D.O. Spiral Diaphyseal Femur Fractures and the Incidence of Articular Extension

## Research

---

### PUBLICATIONS

- Christopher H. Rashidifard DO, Hani A. Mayassi BS, Chelsea M. Bush BA, Brian M. Opalacz DO, Mark W. Richardson MD, Paul M. Muccino DO, Thomas G. DiPasquale DO. Looking for Holes in Sterile Wrapping: How Accurate Are We?. Clin Orthop Relat Res (2018) 00:1-5 DOI 10.1007/s11999-0000000000000185