



## Linda Altier, PTA

### Bio

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Linda is a PTA who has been with OrthoCarolina since 2007. She graduated from Vincennes University in Vincennes, Indiana in 1986. She has enjoyed the majority of her career in Orthopedics. Her specialty areas include Ankles and Feet, Shoulders and Knees. She utilizes her manual skills with all patients, and treatments are based on the individual needs of the patient. She utilizes the use of Instrument Assisted Soft Tissue Massage, Myofascial Decompression (Cupping), BFR, Rock Taping, and the use of Mulligan Techniques for the Upper and Lower extremities.

In her spare time, she does Ballroom dancing and performs at the local studio. She enjoys walking and spending time with her dog. She also enjoys spending her summers with her neighbors and friends in the community pool. She also enjoys gardening and spending time with her family and Granddaughters in the Mid West.

### LOCATIONS

- Ballantyne Physical & Hand Therapy

### CLINICAL SPECIALTIES

- Shoulder

### Education

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- Vincennes University - Associate of Science degree in 1986

### Practice

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- Certified Clinical Instructor with CPCC PTA students