



Hickory Physical & Hand Therapy

Our licensed physical and occupational therapists have advanced training in treating musculoskeletal,

orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:

214 18th St., SE
Hickory, NC 28602

P: 828.485.2160

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Spine, Hip, Knee, Foot, Ankle, and Upper Extremities

ADDITIONAL SPECIALTIES:

- Blood flow restrictions
- CHT (Certified Hand Therapists)
- Orthotic Foot Fabrication to Custom Foot Orthotics
- Dry Needling
- Functional Capacity Evaluations
- Manual Therapy
- Orthotic Foot Fabrication
- Sports
- Vestibular
- Work conditioning

Physicians



Kate Ashworth, PTA
Physical Therapist



**Claire Bingham, PT,
DPT, ATC, LAT**
Physical Therapist

Sports Medicine



**Jackie Blankenship,
PTA**
Physician



**Todd Bohemier, PT,
ATC-L**
Physical Therapist

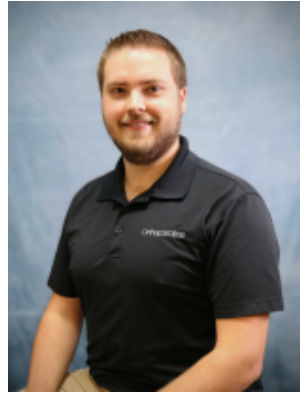
Sports Medicine



Meredith Bumgarner, MS, OTR/L, CSCS
Occupational Therapist



Grant Burleson, OT
Occupational Therapist



Cameron Dellinger PT, DPT
Physical Therapist



Julie Gaillard, PTA
Physician



Stacy Henderson, PTA
Physical Therapist



David Hornby, PTA
Physician
Specialties



Gavin Huffman PT, DPT
Physical Therapist
Specialties



Christine Sigmon, MPT
Physical Therapist



Loraine Moser, PT, MPT, ATC-L
Physical Therapist



Veronica Simmons, OTR/L, CHT
Occupational Therapist



Paul Stepp, MS, ATC-L
Athletic Trainer
Sports Medicine



Kevin VanVoorhis, PT, OCS
Physical Therapist