



## Hickory Physical & Hand Therapy

Our licensed physical and occupational therapists have advanced training in treating musculoskeletal,

orthopedic, and functional movement impairments. We are equipped to deliver individualized rehabilitation programs to give our patients the opportunity to achieve a successful recovery with limited downtime.

**WE ARE FOCUSED ON DELIVERING INDIVIDUALIZED TREATMENT AND CUSTOM REHABILITATION FOR PATIENT SUCCESS:**

214 18th St., SE  
Hickory, NC 28602

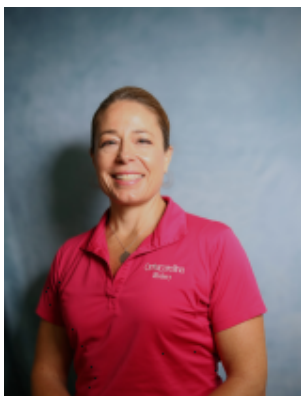
**P: 828.485.2160**

- Musculoskeletal injuries
- Orthopedic specialties in Neck, Spine, Hip, Knee, Foot, Ankle, and Upper Extremities

### **ADDITIONAL SPECIALTIES:**

- Blood flow restrictions
- CHT (Certified Hand Therapists)
- Orthotic Foot Fabrication to Custom Foot Orthotics
- Dry Needling
- Functional Capacity Evaluations
- Manual Therapy
- Orthotic Foot Fabrication
- Sports
- Vestibular
- Work conditioning

## Physicians



**Kate Ashworth, PTA**  
Physical Therapist



**Claire Bingham, PT,  
DPT, ATC, LAT**  
Physical Therapist

Sports Medicine



**Jackie Blankenship,  
PTA**  
Physician



**Todd Bohemier, PT,  
ATC-L**  
Physical Therapist

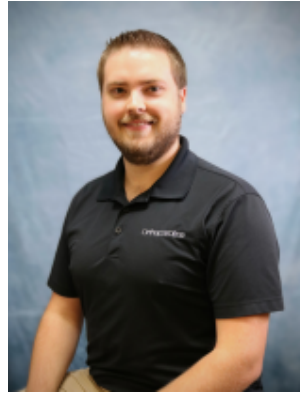
Sports Medicine



**Meredith Bumgarner, MS, OTR/L, CSCS**  
Occupational Therapist



**Grant Burleson, OT**  
Occupational Therapist



**Cameron Dellinger PT, DPT**  
Physical Therapist



**Julie Gaillard, PTA**  
Physician



**Stacy Henderson, PTA**  
Physical Therapist



**David Hornby, PTA**  
Physician  
Specialties



**Gavin Huffman PT, DPT**  
Physical Therapist  
Specialties



**Christine Sigmon, MPT**  
Physical Therapist



**Loraine Moser, PT, MPT, ATC-L**  
Physical Therapist



**Veronica Simmons, OTR/L, CHT**  
Occupational Therapist



**Paul Stepp, MS, ATC-L**  
Athletic Trainer  
Sports Medicine



**Kevin VanVoorhis, PT, OCS**  
Physical Therapist