



101 Delta Park Drive  
Shelby, NC 28150

**P: 704.484.0606**

## Shelby

Our physicians are experts in sub-specialty orthopedic services, which is why we are able to consistently provide patients the best orthopedic care possible. This also allows us to give individuals a more comprehensive and complete patient experience. At OrthoCarolina's Shelby office, we specialize in the following orthopedic services.

### ORTHOPEDIC SPECIALITIES:

- Hand
- Hip & Knee
- Physiatry
- Shoulder & Elbow
- Spine
- Sports Medicine

### DIAGNOSTIC AND TREATMENT OPTIONS:

- ACL Repair and Reconstruction
- Anterior Hips
- Epidural Injections
- Internal Fixation
- Joint replacement
- Mini Incision Carpal Tunnel
- Osteotomy
- Outpatient Joint Replacement
- Reverse Total Shoulder
- Shoulder Repair and Reconstruction
- Signature Knees
- Soft Tissue Repair
- Spine and Physiatry
- Sports Medicine
- Ziaflex Injections

### FREQUENTLY TREATED ORTHOPEDIC CONDITIONS:

- Ankle Injuries
- Arm and Elbow Injuries
- Back Pain
- Broken Shoulders
- Carpal Tunnel
- Hand and Wrist Injuries
- Herniated Discs
- Orthopedic Trauma
- Ruptured Discs
- Spinal Stenosis
- Sports Injuries

# Physicians

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**Bruce Cox, MD**

**Physician**

Hip, Knee, Shoulder



**Louis C. Fiore, MD**

**Physician**

Physiatry, Spine



**Jacob Friedman, MD**

**Physician**

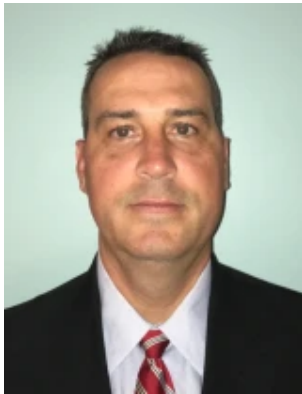
Hip, Knee, Sports Medicine



**Patrick R. L. Hayes, MD**

**Physician**

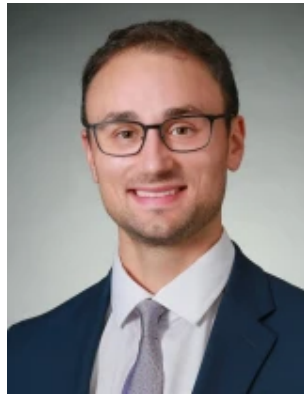
Elbow, Shoulder, Specialties,  
Sports Medicine, Shoulder,  
Sports Medicine



**Ryan Hollifield, PA-C**

**Advanced Practice  
Practitioners**

Sports Medicine



**Brian Opalacz, D.O.**

**Physician**

Knee, Sports Medicine, Sports  
Medicine



**Walt Rumfelt, PA-C**

**Advanced Practice  
Practitioners**

Sports Medicine