



Pamela Ziegenfus, PT

Bio

Pam played field hockey and was a member of the crew team during her time at the University of Massachusetts at Lowell. At the University of Pennsylvania, Pam worked as an AT/PT on the sidelines with Field Hockey, Football, Men's track and Men's and Women's lacrosse. In 1993 she and her family relocated to Maine where she worked on the sideline with local high schools for Maine Sports Medicine. During her time there she developed and implemented an Aquatic Physical Therapy program. Prior to coming to OrthoCarolina, she worked in an orthopedic outpatient clinic where she did Ergonomic assessments, hand injuries, and orthopedic rehab with athletes and weekend warriors. She enjoys working with Physical Therapy students as a Clinical instructor and was the CCCE at her previous clinic. Pam has also trained in Mulligan, Travell, Paris, IAOM, and Maitland manual therapy techniques. In addition, Pam has been a lecturer for the Arthritis foundation, MS society, and several regional community PT and PTA colleges. Outside of work, Pam loves to spend time with her family and dogs.

P: 704.323.2809

LOCATIONS

- Huntersville Physical & Hand Therapy

CLINICAL SPECIALTIES

Education

- **University of Massachusetts at Lowell** - *Bachelors in Physical Therapy.*
Minor in Athletic Training

Practice

- Certified in Dry Needling
- Certified in Kinesiotaping
- Certified Graston Practitioner