



Kristen Alford, PT

Education

- East Carolina University - *Bachelor of Science*
- University of North Carolina at Chapel Hill - *Masters of Science in Physical Therapy*

Practice

P: 704.323.3009

LOCATIONS

- Sports Medicine Center
Therapy

CLINICAL SPECIALTIES

- Shoulder
- Sports Medicine

- Certified [Sportsmetrics](#) Clinician
- Member American Physical Therapy Association Sports Medicine and Orthopedic

Awards

- 2018 OrthoCarolina Manager of the Year