# **Orthocarolina**



### **LOCATIONS**

Laurinburg

## John Johnson, D.O.

## **Bio**

With nearly two decades of military service as a lieutenant, captain, and major, Dr. Johnson brings a wealth of experience. He effectively employed his orthopedic skills while serving as the Chief of the Orthopaedics Department at Womack Army Medical Center in Fort Bragg, NC. Dr. Johnson's commitment to education is evident through his roles as a mentor for Nurse Practitioner and Physician Assistant students, guiding them in mastering intricate musculoskeletal care techniques.

## **CLINICAL SPECIALTIES**

## **Education**

- Orthopaedic Surgery Residency, Tripler Army Medical Center
- Orthopaedic Surgery Internship, Tripler Army Medical Center
- Oklahoma State University College of Osteopathic Medicine- Medical Doctor
- The University of Oklahoma-Bachelor of Science in Zoology/Biomedical Sciences

## Awards

- O'Donoghue Sports Injury Award (AOSSM) 2018
- Best overall paper on clinical based research or human in-vivo research
- Lloyd Taylor award for best resident research WOA 2017
- Sigma Sigma Phi Osteopathic Honor Society, Dean's List 2009-2013
- Phi Kappa Phi Honor Society Member 2009-2013
- Guarded Tomb of Unknown Soldier, Arlington National Cemetery 2009
- 56th Presidential Inauguration: Selected above peers to render honors to former Presidents; Carter, Bush senior, Clinton, Bush Jr. and President Obama D.C.
- Graduate United States Army Air Assault School- Honor Graduate 2009

- Graduate United States Army Infantry Mortar Leader Course 2008
- Graduate United States Army Pathfinder School 2008
- Infantry Officer Basic Course Commandant's List 2005
- Graduate- United States Army Infantry Officers Basic Course (IOBC) 2005
- Graduate United States Army Ranger School 2005
- Graduate United States Army Airborne School 2002
- Expert Infantryman Badge 2009
- Combat Infantryman Badge 2006
- Chilean Army Parachutist Wings 2008, 2019
- Bronze Star Medal 2007
- Meritorious Service Medal 2018
- Army Commendation Medal 2005,2009, 2020
- Armed Forces Service Medal 2021
- Army Achievement Medal 2002,2006, 2009, 2019
- Army Superior Unit Award 2010
- Meritorious Unit Commendation 2007
- Army ROTC Superior Cadet Decoration 2004
- ROTC Distinguished Military Graduate 2004
- George C. Marshall Award

## Research

#### Peer Reviewed

Bottoni, MD, CPT, John D. Johnson, DO, CPT, Liang Zhou, MD, Sarah G.
Raybin, BA, MAJ, James J. Shaha, MD, COL (ret) Kenneth K. Lindell, MD, MAJ,
David D. Thoma, MD. Arthroscopic Versus Open Anterior Shoulder Stabilization:
A Prospective Randomized Clinical Trial with 15-Year Follow-up and an
Assessment of "On-Track"

and "Off-Track" as a Predictor of Failure. Accepted for publication to AJSM 2021. AMJSPORTS/2020/322248 -- Manuscript Decision

- -2018 American Orthopaedic Society of Sports Medicine O'Donoghue Award
- 2. Johnson JD, Chachula LA, Bickley RJ, Anderson CD, Ryan PM. Return to Duty Following Open Reduction and Internal Fixation of Unstable Ankle Fractures in the Active Duty Population. Mil Med. 2019 May 1;184(5-6):e381-e384. doi: 10.1093/milmed/usy325. PMID: 30517675.
- Ernat JJ, Johnson JD, Anderson CD, Ryan PM, Yim DG. Does Clinical Exam and Ultrasound Compare With MRI Findings When Assessing Tendon



Approximation in Acute AchillesTendon Tears? A Clinical Study. J Foot Ankle Surg. 2019 Jan;58(1):161-164. doi: 10.1053/j.jfas.2018.06.008. Epub 2018 Oct 9. PMID: 30314935\

4. Tokish, JT., Bottoni, CR., Hines, AC., Johnson JD. Glenoid Bone Loss in Posterior Shoulder Instability: Prevalence and Outcomes in Arthroscopic Treatment. Am J Sports Med. 2018 Apr;46(5):1053-1057. doi: 10.1177/0363546517750628. Epub 2018 Jan 29.

#### PMID:29377721

5. Czaplewski, Nicholas J.; Smith, Kent S.; Johnson, John; Dockery, Crystal; Mason, Brandon; and Browne, Ian D. (2012) "Gopher snake searching Cliff Swallow nests in east central Utah," Western North American Naturalist: Vol. 72: No. 1, Article 12.

#### Abstracts and Presentations

- 1. Johnson JD., Knox J. Pediatric Orthopaedic Related Injuries Associated with Recreational Trampoline Use. Accepted for publication in WJO
- 2. Johnson, JD., Egbert, R., Ryan, PM., Verwiebe, E., Case Report: Traumatic pubic diastasis following childbirth.
- 3. Tokish, JT., Bottoni, CR., Rowles, JD., Lanzi, J., Hines, AC., Cook, JB., Brugman, SC., Johnson, JD. Arthroscopic Repair versus Biceps Tenodesis in the Treatment of Isolated Superior Labral Anterior-Posterior Lesions: A prospective Randomized Study.
- 4. Harris,. M., Johnson, JD., Johnson, Z., Knox, J., Ballistic spine trauma in adolescents
- 5. Harris, M., Johnson, JD., Johnson, Z., Riccio, Knox, J., Epidemiology of pediatric ballistic spinal trauma. Podium presentation at WOA 2016

#### **Oral Presentations**

#### **Podium**

 Arthroscopic Versus Open Anterior Shoulder Stabilization: A Prospective Randomized Clinical Trial with 15-Year Follow-up

American Academy of Orthopaedic Surgeons (AAOS) Annual Meeting

San Diego, CA



March 14, 2017

 Arthroscopic Versus Open Anterior Shoulder Stabilization: A Prospective Randomized Clinical Trial with 15-Year Follow-up

Western Orthopaedic Association (WOA) 81st Annual Meeting

Koloa, HI

August 17, 2017

-2017 WOA Lloyd Taylor Foundation Research Award 1st Place

3. Is Ultrasound and Clinical Exam as Effective as MRI in Assessing Tendon Approximation of Achilles Tendon Tears? A Clinical Study.

Society of Military Orthopaedic Surgeons (SOMOS) 59th Annual Meeting

Scottsdale, AZ

December 12, 2017

4. Is Ultrasound and Clinical Exam as Effective as MRI in Assessing Tendon Approximation of Achilles Tendon Tears? A Clinical Study.

Hawaii Orthopaedic Association (HOA) 31st Annual Meeting

Honolulu, HI

April 8, 2016

 Pediatric Orthopaedic Related Injuries Associated with Recreational Trampoline Use

Hawaii Orthopaedic Association (HOA) 31st Annual Meeting

Honolulu, HI

April 8, 2016

6. Pediatric Orthopaedic Related Injuries Associated with Recreational Trampoline Use

Western Orthopaedic Association (WOA) 80th Annual Meeting

Indian Wells, CA

September 30, 2016



7. Arthroscopic Versus Open Anterior Shoulder Stabilization: A Prospective Randomized Clinical Trial with 15-Year Follow-up

Society of Military Orthopaedic Surgeons (SOMOS) 58th Annual Meeting

Olympic Valley, CA

December 15, 2016

8. Pediatric Orthopaedic Related Injuries Associated with Recreational Trampoline Use

Society of Military Orthopaedic Surgeons (SOMOS) 57th Annual Meeting

St. Petersburg, FL

December 9, 2015

 Fracture Classification Does Not Predict Functional Outcomes in Supracondylar Humerus Fractures: A Prospective Study

Hawaii Orthopaedic Association (HOA) 30th Annual Meeting

Honolulu, HI

April 17, 2015



