



## Brooke Vestal, PTA

### Bio

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I am dedicated to using my knowledge, education, and passion for health and fitness to educate others on how to rehabilitate their bodies and get back to doing what they love. When I'm not at OrthoCarolina, I enjoy spending time with my husband and my furbaby. We love to explore Charlotte and try new restaurants. When you come in to see me feel free to give recommendations on places we should try!

### LOCATIONS

- Matthews Physical & Hand Therapy

### Education

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### CLINICAL SPECIALTIES

**Central Piedmont Community College-** Associates of Applied Science Degree, Physical Therapist Assistant

**The University of North Carolina at Wilmington-** Bachelor of Science in Exercise Science Degree, Exercise Science