



## Vikram Arora, DO

### Bio

Dr. Arora's primary practice is focused on the treatment of spine disorders. He is fellowship-trained in Interventional Spine and Musculoskeletal medicine. Following his fellowship, he practiced in Pennsylvania at Coordinated Health Orthopedics and the Lehigh Valley Health Network, where he also served as the Team Spine Physician for Lehigh University. Dr. Arora's practice focuses on comprehensive, non-operative spine care. He performs fluoroscopically guided spine injections and advanced minimally invasive procedures such as radiofrequency ablation and spinal cord stimulation. Dr. Arora is board-certified by the American Board of Physical Medicine and Rehabilitation.

#### Patient Rating:

5 out of 5 Stars

### LOCATIONS

- Winston-Salem Spine Center

### CLINICAL SPECIALTIES

- Spine
- Physiatry

### Education

- **The University of Scranton** - *Bachelor of Science in Biology, Cum Laude*
- **Philadelphia College of Osteopathic Medicine (PCOM)**- *Doctor of Osteopathy*
- **Temple University Hospital/Moss Rehabilitation**- *Physical Medicine and Rehabilitation*
- **Temple University Hospital**- *Chief Resident*
- NASS Fellowship Consortium, Interventional Spine and Musculoskeletal Medicine, Dr. Scott Naftulin

### Practice

- Physiatry
- Interventional Spine
- Electrodiagnostics

# Research

---

## PUBLICATIONS

- **Arora V.** *Utilization of Mult-Tined Expandable Electrodes for Lumbar Radiofrequency Neurotomy in a Morbidly Obese Patient.* The 24<sup>th</sup> Annual Scientific Meeting, Spine Intervention Society, New Orleans, LA
- Masaba M, **Arora V**, Angles C. *Exercise Therapy in Mitochondrial Encephalomyopathy, Lactic Acidosis, and Stroke-Like Episodes (MELAS): A Case Report.* American Academy of Physical Medicine and Rehabilitation Annual Assembly, San Diego, CA, Poster Presentation
- **Regional Editor** to Rehab and Review for Philadelphia Programs: The Surveillance Journal for Rehabilitation Professionals
- Cruz E, **Arora V**, Connor C, Williams R, Bonner W. *Vascular.* Current Diagnosis and Treatment: PM&R. McGraw-Hill, NY, NY.
- Connor C, **Arora V**, Weinik M. *Thoracic Epidural Varices: A Rare Cause of Nocturnal Back Pain: A Case Report.* American Academy of Physical Medicine and Rehabilitation Annual Assembly, National Harbor, MD, Poster Presentation

## PRESENTATIONS

- Coordinated Health Seminar Series, **Advanced Non-Operative Spine Management**, Sands Event Center, Bethlehem, PA - Nov 21, 2018
- Coordinated Health Seminar Series, **Non-Surgical Spine Pain Solutions**, Sands Event Center, Bethlehem, PA - Dec 12, 2017
- 20th Annual NERA Symposium, **Interventional Pain Management**, Mohegan Sun Casino - Oct 25, 2016
- Grand Rounds, **Lumbar Radiofrequency Neurotomy**, Moss Rehabilitation Hospital - Dec 16, 2015
- Noon Conference Lecture Series, **Vertebroplasty and Kyphoplasty for the Treatment of Osteoporotic Vertebral Compression Fractures**, Temple University Hospital - April 21, 2015
- Grand Rounds, **Cervical Radiculopathy and Interventional Therapies**, Moss Rehabilitation Hospital - Nov 19, 2014
- Grand Rounds, **Myasthenia Gravis and Novel Treatments**, Moss Rehabilitation Hospital - May 21, 2014
- Grand Rounds, **Lymphedema**, Moss Rehabilitation Hospital - Oct 30, 2013
- Grand Rounds, **Achilles Tendonopathy**, Delaware County Memorial Hospital - Jan 15, 2012