



## Janie C Bostian, PTA II, CKTP

### Bio

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A Certified Kinesio Taping Practitioner, Janie brings years of outpatient orthopedic experience to our practice. She has completed all classroom education for instrument-assisted soft tissue mobilization (IASTM), trained in IAOM and Mulligan manual therapy techniques, certified in BFR (blood flow restriction) and serves as a Certified Clinical Instructor for PTA students. Janie is a certified Pilates and spinning instructor, and teaches classes in her free time at the YMCA.

### LOCATIONS

- Concord Physical & Hand Therapy

### CLINICAL SPECIALTIES

### Education

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- **Campbell University** - *Bachelor of Arts in Mass Communications and English*
- **Central Piedmont Community College** - *Associate's Degree in Applied Science for Physical Therapy*