



## Skyler Watson, PTA, CPT

### Bio

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Skyler is been a Physical Therapist Assistant for over a year and a half at OrthoCarolina in Belmont. In her free time she coaches group fitness classes at F45. Enjoys weightlifting, playing volleyball, going to church, and spending time with family, friends, and her dog Basil.

### LOCATIONS

- Belmont Physical Therapy

### CLINICAL SPECIALTIES