



Natalia Gil, OTR/L

Bio

Natalia has been an occupational therapist for more than four years. She was born in Poland and raised in MA/CT. She served a rural area of Oregon to provide "access to healthcare close to home" for two years before she arrived at OrthoCarolina for the hand therapy fellowship with her Norwegian Elkhound, Tesla. She is working on a capstone project discussing the effects of neural immobility, including proximal deficits, on carpal tunnel syndrome. Her ultimate goal is to become a certified hand therapist. She is fluent in Polish and enjoys traveling, exploring new areas, hiking mountains, outdoor activities, and dog behavioral training. She is passionate about using the deep training and knowledge required to be an upper extremity specialist to get you back to the activities that make you feel most alive!

LOCATIONS

- Hand Center Therapy

CLINICAL SPECIALTIES

Education

- Massachusetts College of Pharmacy and Health Sciences (MCPHS University)
- University of Connecticut

Practice

- OrthoCarolina Hand Therapy Fellow
- AOTA - American Occupational Therapy Association
- ASHT