



## Savannah Hutchinson PT, DPT

### Bio

Savannah is new to the Charlotte area and has enjoyed getting to know the city and all it has to offer. She is open to recommendations for good restaurants, greenways/ hiking trails, farmer's markets, and other local hidden gems.

### Education

#### LOCATIONS

- Ballantyne Physical & Hand Therapy

- University of Miami (UM) –Bachelor of Health Science
- University of Miami Physical Therapy Program- Doctorate of Physical Therapy

### Research

#### CLINICAL SPECIALTIES

##### CSM Cardiopulmonary Platform Presentation January 2019

- Fay R, Formiga M, Ceballos A, Hutchinson S, Lesh A, Buscheck J, Meanor J, Locandro N, Owens J, Cahalin L. Effect of Exercise Training With and Without Blood Flow Restriction On Maximal Oxygen Consumption In Healthy Adults: A Meta-Analysis.
- Ceballos A, Hutchinson S, Lesh A, Buscheck J, Meanor J, Locandro N, Fay R, Owens J, Cahalin L. Blood Flow Restriction Training In Heart Failure: A Theory Report On Likely Benefits Using The Muscle Hypothesis Of Chronic Heart Failure