



Caroline Windham, PT, DPT

Bio

In my spare time, I enjoy yoga, reading, and spending time with my husband and 2 children. We love to go to the mountains, especially during App State football season, as well as the beach. I was born and raised in Hickory, and ended up moving back there, after I graduated from PT school in 2011. I am happy to be a part of the OC team!

Education

LOCATIONS

- Lincolnton Physical Therapy

- Bachelor of Science in Biology - UNC-Charlotte
- Doctorate of Physical Therapy - East Carolina University

CLINICAL SPECIALTIES