# **Orthocarolina**



## Katherine Tully, PT, DPT

### **Education**

- Winston Salem State University Doctor of Physical Therapy
- Appalachian State University Bachelor of Science, Exercise Science with a Minor in Nutrition and Food

#### **Practice**

#### **LOCATIONS**

 Winston-Salem Physical Therapy

#### **CLINICAL SPECIALTIES**

- Student Physical Therapist, Davis Regional Medical Center;
  Statesville, NC
  - Executed evaluations on outpatient orthopedic patient including patient with orthopedic surgeries.
  - Formulated aquatic therapy treatments with patients with OA, general weakness, and chronic low back pain.
  - Created individualized HEPs for outpatient therapy clients to improve health and wellness.
- Student Physical therapist, Vidant Medical Center; Greenville, NC
  - o Proficient in the use of Epic EMR for documentation
  - Performed physical therapy evaluations on a wide range of medically acute patients including, oncology, surgical oncology, family medicine, internal medicine, hematology, nephrology, and palliative care.
- Student Physical Therapist Lexington Medical Center; Lexington, NC
  - Performed physical therapy evaluations and treatments on a wide range of the pediatric population with diagnosis of torticollis, cerebral palsy, developmental delay and hypotonicity.
  - Developed interventions focusing on restoring safe functional movements including strengthening, balance and endurance exercises, gait training in the adult and pediatric population.
- Student Physical Therapist, UNC Center for Rehabilitation Care;
  Chapel Hill, NC
  - Performed physical therapy evaluations and treatments for acute and chronic arthropathy due to hemophilia in adult and pediatric patients.

- Planned and executed aquatic therapy treatment session utilizing
  Halliwick, and Bad Ragaz techniques with the pediatric populations
  with condition such as CP, Lissencephaly, Autism, Duchenne Muscular
  Dystrophy and neurofibromatosis
- Evaluated and treated a variety of pediatric patients with conditions including torticollis, developmental delay, sarcoma, CP, autism, spina bifida, Duchenne's Muscular Dystrophy, scoliosis.
- Community Care Clinic, Winston-Salem, NC Provided physical therapy services to uninsured and underserved members of the Winston-Salem Community
- MS Fit, Gateway YWCA Winston-Salem, NC Jun 17-present Provided evaluations and HEPs for individuals with MS encouraging physical activity and community involvement.
- Kathy Kim Tennis Academy, Hickory, NC May 12-Aug 16 Teaching underprivileged children in the community tennis lessons



