



## Matthew Erbe, DPT, OCS

### Bio

Matt has worked at the OrthoCarolina Sports Medicine Center for over 10 years. He is a local, originally from Charlotte, NC. He completed internships with the Charlotte Knights and Elon University Athletics. Matt enjoys working with athletes of all levels and helping them return to the sports that they love. When not in the clinic or the training room Matt likes to spend time with wife and two sons.

### LOCATIONS

- Sports Medicine Center  
Therapy

### CLINICAL SPECIALTIES

### Education

Elon University: DPT: Doctorate of Physical Therapy

Elon College: B.S. Sports Medicine – Athletic Training

### Practice

- Sports Medicine
- Shoulder and Knee Rehab
- Return to Sport
- Rehab Consultant for Queens University of Charlotte Athletics
- Vice Chair of the OrthoCarolina Physical Therapy Residency Program
- Co-Chair of the Annual OrthoCarolina Sports Medicine Symposium